

POST-IMPLANT SURGERY RECOMMENDED DIET

FOR 2 WEEKS FOLLOWING SURGERY, DO NOT EAT OR DRINK:

- Any spicy foods
- Any juices or Carbonated Drinks
- Chips
- Popcorn

SUGGESTED FOOD ITEMS FOLLOWING THE DAY AFTER THE SURGERY:

- Bread: rolls, soft bread, Honey/wheat (with crust removed)
- Meats: sliced turkey breast, sliced baked ham, meatloaf, hamburger, baked fish fillets
- Beverages: Water, iced tea, milk, coffee
- Canned foods: chopped mixed greens, peas, green beans, creamed corn, soups
- Breakfast: Eggs, oatmeal

If you have any questions regarding your diet or any other areas of your post-operative recuperation, do not hesitate to contact our office at (954) 252-1390.